

# Distress Communications

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Change to VHF channel 16

Transmit only if you don't receive any other radio signal!

Text of the radio message:

**MAYDAY – MAYDAY – MAYDAY**

**This is**

..... (vessels name)  
..... (vessels name)  
..... (vessels name)  
..... (call sign)

**Mayday**

..... (vessels name)

**I spell**

.....

**Call sign**

..... (call sign)

**My position**

..... degrees ....., ..... minutes (North / South)

..... degrees ....., ..... minutes (East / West)

**Type of distress**

(i.e. flooding; sinking; abandoning ship)

**Immediate assistance needed!**

**I am transmitting a radio signal** (press 2x for 10–15 secs.)

..... (vessels name and call sign)

**Over**

**You may transmit the distress call as often as needed!**

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